

Adult Tobacco Survey 2

Winter 2001-02 Survey Results

Kittitas County

First, I have some questions about your health. Would you say that in general your health is. . .

n = 196

Excellent	31.4%	(± 7.4%)
Very good	39.9	(± 7.8)
Good	21.7	(± 6.5)
Fair	7.1	(± 4.2)
Or poor	0.0	(± 0.0)

During the past 3 months, on how many days did you stay in bed for more than half the day because of illness or injury?

n = 193

None	80.7%	(± 6.1%)
One day	10.2	(± 4.8)
More than one day	9.1	(± 4.2)

About how long has it been since you last visited a DOCTOR for a routine checkup?

n = 194

Within the past year (1-12 months ago)	74.9%	(± 7.3%)
Within the past two years (1-2 years ago)	16.4	(± 6.6)
More than two years ago	8.7	(± 4.2)
Never	0.0	(± 0.0)

About how long has it been since you last visited a DENTIST for a routine checkup?

n = 194

Within the past year (1-12 months ago)	71.6%	(± 7.3%)
Within the past two years (1-2 years ago)	14.2	(± 5.4)
More than two years ago	14.0	(± 5.8)
Never	0.2	(± 0.4)

Next are a few questions about your health care coverage. Do you have any kind of health care coverage, including health insurance, prepaid plans such as an HMO, or government plans such as Medicare?

n = 196

Yes	83.6%	(± 6.1%)
No	16.4	(± 6.1)

* Estimates based on sample sizes less than 75 omitted

Among those with health care coverage:

What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . .

n = 160

Your employer	33.7%	(± 8.1%)
Someone else's employer	21.9	(± 7.5)
A plan that you or someone buys on your own	14.5	(± 6.4)
Medicare	17.0	(± 6.2)
Medicaid or Medical Assistance	11.2	(± 5.7)
Other	1.6	(± 1.9)

Are you currently. . .

n = 196

Employed for wages	41.3%	(± 7.8%)
Self-employed	8.7	(± 4.4)
Out of work	4.4	(± 3.4)
Homemaker	3.8	(± 2.6)
Student	21.3	(± 7.2)
Retired	18.1	(± 5.7)
Or unable to work	2.5	(± 2.0)

Now, I would like to ask you some questions about your personal history of tobacco use. Have you, even once in your life, smoked a cigarette?

n = 196

Yes	75.4%	(± 6.6%)
No	24.6	(± 6.6)

Among those who ever smoked a cigarette:

How old were you when you first tried smoking cigarettes?

n = 139

average: 15.9 (± 0.7)

Have you smoked at least 100 cigarettes in your entire life? NOTE: 5 packs=100 cigarettes

n = 196

Yes	42.0%	(± 7.8%)
No	58.0	(± 7.8)

Among those who ever smoked 100 cigarettes and smoked regularly:

How old were you when you first started smoking cigarettes fairly regularly?

n = 75

average: 18.8 (± 1.0)

Among those who ever smoked 100 cigarettes:

Do you now smoke cigarettes every day, some days or not at all?

n = 80

Every day	25.0%	(± 11.4%)
Some days	17.6	(± 9.2)
Not at all	57.5	(± 12.4)

Among every day and some day smokers:

On average, about how many cigarettes per day do you smoke? NOTE: 1 PACK = 20 CIGARETTES

n = 28

* *

* Estimates based on sample sizes less than 75 omitted

Current cigarette smoking prevalence:	n = 196
(every day or some day smokers among the whole population)	17.8% (± 6.4%)

Among every day and some day smokers:

What brand of cigarette do you smoke most often?	n = 32
Camel	* *
Marlboro	* *
Other	* *

Among every day and some day smokers:

Is this brand menthol?	n = 28
Yes	* *
No	* *

Among every day and some day smokers:

Are you currently smoking a brand with lower levels of nicotine or tar?	n = 32
Yes	* *
No	* *

This next question asks about smokeless tobacco. Have you ever tried using smokeless tobacco, like chew, dip or snuff? IF NEEDED: Such as Copenhagen, Kodiak, Redman or Beechnut

	n = 196
Yes	27.5% (± 7.4%)
No	72.5% (± 7.4%)

Among those who ever used smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 46
Zero	* *
Less than 30	* *
30 days	* *

Current smokeless tobacco prevalence:

	n = 196
(any use in the past 30 days among the whole population)	7.4% (± 4.7%)

What about cigar smoking, including large cigars, cigarillos, and little cigars. How many cigars have you smoked in your life?

	n = 194
None	62.9% (± 7.9%)
One	8.7 (± 5.0)
2-5	13.6 (± 5.6)
6-20	7.0 (± 4.0)
More than 20	7.9 (± 4.4)

Among those who ever smoked a cigar:

On how many of the past 30 days did you smoke a cigar, even just a puff?	n = 68
Zero	* *
Less than 30	* *
30 days	* *

* Estimates based on sample sizes less than 75 omitted

Current cigar smoking prevalence:	n = 196
(any use in the past 30 days among the whole population)	3.0% (± 2.8%)

Have you ever tried smoking tobacco in a pipe?	n = 194
Yes	22.4% (± 7.0%)
No	77.6 (± 7.0)

Among those who ever smoked a pipe:

On how many of the past 30 days did you smoke tobacco in a pipe?	n = 40
Zero	* *
Less than 30	* *
30 days	* *

Current pipe smoking prevalence:	n = 196
(any use in the past 30 days among the whole population)	1.4% (± 1.8%)

Have you ever tried smoking bidis (BEEDIES)?	n = 193
Yes	4.1% (± 3.8%)
No	95.9 (± 3.8)

Current bidi smoking prevalence:	n = 196
(any use in the past 30 days among the whole population)	1.1% (± 1.6%)

Have you ever tried smoking clove cigarettes?	n = 196
Yes	15.0% (± 6.1%)
No	85.0 (± 6.1)

Among those who ever smoked cloves:

On how many of the past 30 days did you use clove cigarettes?	n = 25
Zero	* *
Less than 30	* *
30 days	* *

Current clove cigarette smoking prevalence:	n = 196
(any use in the past 30 days among the whole population)	0.3% (± 0.6%)

Current tobacco use prevalence:	n = 196
(Currently smokes cigarettes, cigars, pipes, bidis, or cloves OR uses smokeless tobacco among the whole population)	25.6% (± 7.4%)

Among former tobacco users:

About how long has it been since you last used tobacco, that is, daily?	n = 48
Within the past year (0-12 months ago)	* *
Within the past 5 years (1-5 years ago)	* *
Within the past 15 years (5-15 years ago)	* *
Or 15 or more years ago	* *
Never used regularly	* *

* Estimates based on sample sizes less than 75 omitted

Among current tobacco users:

**About how much do you usually spend on tobacco products every week? IF
NEEDED: On average, in a typical week**

n = 38

Less than \$5	*	*
\$5-9	*	*
\$10-14	*	*
\$15-24	*	*
\$25-34	*	*
\$35-44	*	*
\$45 or more	*	*

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation?

n = 43

Yes	*	*
No	*	*

Among current and former tobacco users:

These next questions ask about things that might make a person want to quit using tobacco. Do you agree or disagree with the following statement: People close to me were/are upset by my using tobacco. Do you. . .

n = 82

Strongly agree	40.8%	(± 12.0%)
Somewhat agree	18.4	(± 9.4)
Somewhat disagree	22.6	(± 10.8)
Or strongly disagree	18.3	(± 8.6)

Among current and former tobacco users:

Have any of your family or friends ever asked or advised you to quit using tobacco?

n = 86

Yes	62.0%	(± 11.8%)
No	38.0	(± 11.8)

Among current and former tobacco users who were ever advised to quit by family or friends:

When was the last time a family member or friend advised you to quit?

n = 53

Within the past year (1-12 months)	*	*
Within the past three years (1-3 years)	*	*
Or 3 or more years ago	*	*

Among current and former tobacco users:

Have any of the following health care professionals ever advised you to quit using tobacco. . . A doctor?

n = 86

Yes	47.8%	(± 12.0%)
No	52.2	(± 12.0)

* Estimates based on sample sizes less than 75 omitted

Among current and former tobacco users:

Have any of the following health care professionals ever advised you to quit using tobacco. . . A dentist?

n = 86

Yes	18.8%	(± 10.3%)
No	81.2	(± 10.3)

Among current and former tobacco users:

Have any of the following health care professionals ever advised you to quit using tobacco. . . A nurse?

n = 85

Yes	19.1%	(± 10.3%)
No	80.9	(± 10.3)

Among current and former tobacco users:

Have any of the following health care professionals ever advised you to quit using tobacco. . . Another health care provider?

n = 84

Yes	8.2%	(± 7.3%)
No	91.8	(± 7.3)

Among current and former tobacco users who were advised by a health care professional:

When was the last time a health care professional of any kind advised you to quit using tobacco?

n = 42

Within the past year (1-12 months)	*	*
Within the past three years (1-3 years)	*	*
Or 3 or more years ago	*	*
Never advised to quit by a health care professional	*	*

Among current and former tobacco users who were advised by a health care professional:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?

n = 42

Yes	*	*
No	*	*

Among current and former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?

n = 81

0	22.1%	(± 10.0%)
1-2	49.6	(± 12.4)
3-5	21.9	(± 10.9)
6 or more	6.4	(± 5.7)

Among current tobacco users:

During the past year, did you not use tobacco for one day or longer because you were trying to quit?

n = 43

Yes	*	*
No	*	*

* Estimates based on sample sizes less than 75 omitted

Among current and former (quit within in past year) tobacco users who are employed:

Within the past year, has your employer offered any stop-smoking programs or other programs to help employees who want to quit using tobacco? n = 17

Yes	*	*
No	*	*

Among current and former (quit within in past year) tobacco users with health insurance:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 30

Yes	*	*
No	*	*
Don't know/Not sure	*	*

Among current and former (quit within in past year) tobacco users:

Have you heard about the Washington State "Quit-Line - a telephone support service to help people quit using tobacco? n = 49

Yes	*	*
No	*	*

Among current tobacco users:

Would you like to quit using tobacco? n = 41

Yes	*	*
No	*	*

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 24

Yes	*	*
No	*	*

Among current tobacco users who would like to quit in the next 6 months:

Are you planning to stop within the next 30 days? n = 20

Yes	*	*
No	*	*

Among current tobacco users:

Readiness to quit, from the "Stages of Change" model n = 37

Precontemplative	*	*
Contemplative	*	*
Preparation	*	*

Next I have some questions about you. Remember that your responses are confidential. What is your age? n = 196

18-29	35.7%	(± 8.0%)
30-49	29.5	(± 6.9)
50+	34.8	(± 7.4)

* Estimates based on sample sizes less than 75 omitted

I'm going to ask about your race and ethnicity. You can have more than one answer.

Are you. . . White?

n = 195

Yes	93.7%	(± 4.1%)
No	6.3	(± 4.1)

I'm going to ask about your race and ethnicity. You can have more than one answer.

Are you. . . Black?

n = 195

Yes	2.1%	(± 2.2%)
No	97.9	(± 2.2)

I'm going to ask about your race and ethnicity. You can have more than one answer.

Are you. . . Asian or Pacific Islander?

n = 195

Yes	1.8%	(± 1.8%)
No	98.2	(± 1.8)

I'm going to ask about your race and ethnicity. You can have more than one answer.

Are you. . . American Indian or Alaska Native?

n = 195

Yes	7.1%	(± 4.3%)
No	92.9	(± 4.3)

I'm going to ask about your race and ethnicity. You can have more than one answer.

Are you. . . Hispanic or Latino?

n = 195

Yes	3.2%	(± 3.1%)
No	96.8	(± 3.1)

Are you. . .

n = 196

Married	52.5%	(± 8.0%)
Divorced	9.0	(± 3.8)
Widowed	2.1	(± 1.6)
Separated	0.4	(± 0.5)
Never been married	33.4	(± 8.0)
Or a member of unmarried couple	2.6	(± 2.9)

How many children under the age of 18 live in your household?

n = 196

None	72.8%	(± 7.0%)
1	10.9	(± 5.0)
2	10.0	(± 4.7)
3 or more	6.3	(± 3.8)

What is the highest grade or year of school you completed?

n = 192

Some high school or less	6.9%	(± 4.2%)
Grade 12 (high school graduate or GED)	23.4	(± 6.8)
College 1-3 years (some college, technical school, community college AA)	39.1	(± 7.9)
College graduate (4 years) or beyond college	30.6	(± 7.3)

* Estimates based on sample sizes less than 75 omitted

Annual household income from all sources... IF NEEDED: Annual household income before taxes.

n = 165

\$20,000 or less	40.7%	(± 8.7%)
\$20,000 to less than \$50,000	34.1	(± 7.9)
\$75,000 or more	25.2	(± 7.4)

Gender

n = 196

Male	50.3%	(± 7.9%)
Female	49.7	(± 7.9)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?

n = 194

0	72.9%	(± 7.6%)
1	12.8	(± 5.4)
2	9.7	(± 5.3)
3 or more	4.6	(± 4.5)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?

n = 195

0 days	85.2%	(± 6.2%)
1-29 days	7.0	(± 4.0)
30 days	7.8	(± 5.2)

If it were just up to you, would you let people smoke inside your home?

n = 192

Yes	11.2%	(± 5.0%)
No	88.8	(± 5.0)

Among those who are employed for wages (excluding self-employed):

How many people are employed where you work? IF NEEDED: Facilities that share your same street address

n = 76

Less than 5	12.1%	(± 9.9%)
Between 5 and 9	7.9	(± 6.3)
Between 10 and 19	11.3	(± 7.6)
Between 20 and 99	29.5	(± 11.5)
Or 100 or more	39.2	(± 12.5)

Among those who are employed for wages (excluding self-employed):

When you are at work, do you spend most of your time in an. . .

n = 83

Office	24.4%	(± 9.5%)
Store	18.2	(± 10.2)
Restaurant	1.7	(± 2.3)
Warehouse or factory	5.0	(± 5.1)
Home	3.9	(± 6.5)
Outdoors	18.8	(± 10.1)
Car or truck	5.6	(± 5.5)
Classroom/school	10.9	(± 7.5)
Hospital	1.9	(± 2.6)
Or somewhere else (SPECIFY:)	9.7	(± 7.9)

* Estimates based on sample sizes less than 75 omitted

Among those who are employed for wages (excluding self-employed):

The next questions are about secondhand smoke in your work place. Does your workplace have official rules that restrict smoking in any way?

n = 84

Yes	79.4%	(± 10.4%)
No	20.6	(± 10.4)

Among those who are employed for wages (excluding self-employed):

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?

n = 84

Yes	13.7%	(± 9.3%)
No	86.3	(± 9.3)

Among those who are employed for wages (excluding self-employed):

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges?

n = 84

Yes	13.6%	(± 9.1%)
No	86.4	(± 9.1)

Among those who are employed for wages (excluding self-employed):

Is smoking allowed in any of the following areas at your workplace. . . A designated indoor smoking area?

n = 84

Yes	16.7%	(± 9.7%)
No	83.3	(± 9.7)

Among those who are employed for wages (excluding self-employed):

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are working?

n = 77

Less than one hour	94.2%	(± 5.4%)
1-10 hours	3.3	(± 4.6)
More than 10 hours	2.5	(± 3.0)

The next questions are about secondhand smoke. Secondhand smoke is smoke from someone else's cigarette, cigar or pipe. In general, would you say that breathing secondhand smoke is. . .

n = 194

Not at all annoying to you	7.3%	(± 4.4%)
A little bit annoying to you	15.7	(± 6.0)
Somewhat annoying to you	21.3	(± 6.6)
Or very annoying to you	55.7	(± 8.0)

Would you say that breathing secondhand smoke is. . .

n = 189

Not at all harmful	58.0%	(± 8.0%)
A little bit harmful	31.2	(± 7.4)
Somewhat harmful	8.6	(± 4.6)
Or very harmful	2.3	(± 2.3)

* Estimates based on sample sizes less than 75 omitted

Do you agree or disagree with the following statement: All people should be protected from secondhand smoke. Do you. . .

n = 188

Strongly agree	52.0%	(± 8.1%)
Somewhat agree	29.7	(± 7.8)
Somewhat disagree	12.9	(± 5.3)
Or strongly disagree	5.3	(± 3.6)

What about this statement: ALL CHILDREN should be protected from secondhand smoke. Do you. . .

n = 193

Strongly agree	82.5%	(± 6.2%)
Somewhat agree	10.2	(± 4.8)
Somewhat disagree	6.0	(± 4.1)
Or strongly disagree	1.3	(± 1.6)

Do you think that smoking should be completely banned in restaurants?

n = 196

Yes	61.5%	(± 7.8%)
No	35.4	(± 7.7)
Don't know/Not sure	3.1	(± 2.4)

If there were a total ban on smoking in restaurants, do you think you would eat out more often, less often, or would it make no difference?

n = 193

More often	14.6%	(± 5.3%)
Less often	1.0	(± 1.2)
Make no difference	84.4	(± 5.4)

Do you think that smoking should be completely banned in bars and lounges?

n = 196

Yes	21.5%	(± 6.7%)
No	67.2	(± 7.5)
Don't know/Not sure	11.2	(± 5.0)

If there were a total ban on smoking in bars, do you think you would go out more often, less often, or would it make no difference?

n = 190

More often	14.6%	(± 5.6%)
Less often	5.3	(± 3.9)
Makes no difference	80.1	(± 6.5)

The next questions ask for your opinion about things that happen in your community. Do you agree or disagree with this statement: Laws banning possession of tobacco products by minors (children under 18) have been enforced.

Do you. . .

n = 195

Strongly agree	23.1%	(± 6.8%)
Somewhat agree	24.1	(± 6.5)
Somewhat disagree	18.2	(± 6.4)
Or strongly disagree	19.6	(± 6.3)
Don't know/Not sure	15.0	(± 5.9)

* Estimates based on sample sizes less than 75 omitted

Generally speaking, how often do you see young people -- those under age 18 smoking in your community? Would you say. . .

n = 189

Daily or almost daily	35.1%	(± 7.8%)
Couple of times per week	25.5	(± 6.8)
2-4 times per month	9.6	(± 4.6)
Once a month or less	16.1	(± 6.2)
Or never	13.6	(± 5.9)

During the past year, did you, yourself, ever buy or give someone under the age of 18 tobacco products?

n = 196

Yes	4.1%	(± 3.4%)
No	95.9	(± 3.4)

Here is another statement: The city or town where I live has enough rules and laws to protect nonsmokers, including children, from secondhand smoke. Do you. . .

n = 195

Strongly agree	21.4%	(± 6.5%)
Somewhat agree	33.6	(± 7.5)
Somewhat disagree	16.1	(± 6.1)
Or strongly disagree	16.0	(± 5.7)
Don't know/Not sure	12.9	(± 5.5)

Have you seen or heard about any efforts or activities in your community or in schools to help reduce tobacco use among youth? IF NEEDED: This could include as part of your job

n = 196

Yes	48.2%	(± 7.9%)
No	45.6	(± 7.9)
Don't know/Not sure	6.2	(± 3.7)

Among those who have seen or heard of activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? IF NEEDED: This could include as part of your job.

n = 91

Yes	28.3%	(± 10.7%)
No	71.7	(± 10.7)

Among those who have seen or heard of activities:

Some communities have organizations that specifically work on tobacco prevention activities. To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?

n = 92

Yes	32.6%	(± 11.1%)
No	46.3	(± 11.4)
Don't know/Not sure	21.1	(± 8.9)

* Estimates based on sample sizes less than 75 omitted

The next questions ask for your opinion on some statements about the harm from tobacco use. Please tell me if you agree with this statement: A pregnant woman could hurt her baby if she smokes. Do you. . .

n = 191

Strongly agree	89.9%	(± 4.6%)
Somewhat agree	9.3	(± 4.5)
Somewhat disagree	0.3	(± 0.5)
Or strongly disagree	0.5	(± 0.9)

Here is another statement: It is safe to smoke for a year or two, as long as you quit after that. Do you. . .

n = 196

Strongly agree	6.9%	(± 4.2%)
Somewhat agree	11.2	(± 5.7)
Somewhat disagree	14.4	(± 5.3)
Or strongly disagree	64.1	(± 7.7)
Don't know/Not sure	3.3	(± 2.5)

There are so many things that cause cancer, tobacco use is not going to make any difference. Do you. . .

n = 190

Strongly agree	2.9%	(± 2.7%)
Somewhat agree	12.1	(± 5.6)
Somewhat disagree	5.0	(± 3.1)
Or strongly disagree	80.0	(± 6.5)

Some organizations are conducting campaigns to convince youth not to start using tobacco, and motivate adults to quit. During the past 30 days, how often have you seen commercials on TV about the dangers of tobacco use or about not smoking?

n = 196

Every day	23.5%	(± 6.7%)
Couple times per week	25.4	(± 6.9)
Once per week	12.0	(± 5.6)
Couple times per month	9.0	(± 4.7)
Maybe once	5.6	(± 3.6)
Never	20.9	(± 6.3)
Don't know/Not sure	3.5	(± 2.6)

Among current tobacco users who saw anti-tobacco TV ads:

Did the ad change your thinking about tobacco use to make you more in favor of quitting tobacco use, less in favor of quitting tobacco use, or did your thinking about tobacco use stay the same?

n = 31

More in favor	*	*
Less in favor	*	*
Stayed the same	*	*

* Estimates based on sample sizes less than 75 omitted

During the past 30 days, how often have you seen advertisements about the dangers of tobacco use or about not smoking on billboards, posters, or buses?

n = 196

Every day	11.8%	(± 5.0%)
Couple times per week	11.0	(± 4.9)
Once per week	11.0	(± 5.3)
Couple times per month	9.8	(± 4.5)
Maybe once	9.9	(± 5.0)
Never	43.6	(± 7.9)
Don't know/Not sure	2.8	(± 2.7)

Among those who have children and have seen anti-tobacco commercials:

Have you talked to your child about any of the anti-tobacco commercials or advertisements you have seen?

n = 39

Yes	*	*
No	*	*

Some tobacco companies make promotional items like clothing, hats, bags or other things with their brand on it. Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 193

Yes	20.5%	(± 6.7%)
No	79.5	(± 6.7)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?

n = 191

Yes	18.8%	(± 6.5%)
No	81.2	(± 6.5)

How do you feel about this statement: Tobacco companies should have the same rights to advertise their products as other companies. Do you. . .

n = 190

Strongly agree	27.6%	(± 7.2%)
Somewhat agree	23.7	(± 6.7)
Somewhat disagree	16.3	(± 6.2)
Or strongly disagree	32.5	(± 7.5)

Among those with children ages 10-17 years old:

Have you told your child specifically that you do not want him or her to use tobacco?

n = 29

Yes	*	*
No	*	*

* Estimates based on sample sizes less than 75 omitted